

## WR Personal Equipment List 2026

### List for 2nd Year to Sting

#### Pack

- ☐ Backpack (minimum 60 liter). We strongly recommend a high-quality backpack with a padded hip belt; either internal- or external-frame types are acceptable.
- ☐ Day pack (approx. 20-liter w/hip belt)
- ☐ Plastic or waterproof pack cover
- ☐ Pack repair kit (extra hip belt buckle, chest strap buckle, and five safety pins)

#### Clothing

- ☐ **Hiking Boots** / running shoes (sturdy, well broken in)
- ☐ Rubber Boots (for Basse camp only)
- ☐ Water Shoes (for use in the creek)
- ☐ Four pairs of heavy socks (high wool content)
- ☐ Six pairs of light socks (tube-type cotton)
- ☐ Two extra pairs of hiking pants/jeans and a leather belt
- ☐ One pair of short pants
- ☐ One swim-suit
- ☐ Three T-shirts
- ☐ One heavy shirt or sweater
- ☐ One light shirt (long sleeves)
- ☐ Ten changes of underwear
- ☐ Fall/Winter weight jacket
- ☐ Rain Gear (durable, Pants and jacket recommended, no Ponchos)
- ☐ Kepi (neckerchief to protect the back of the neck from the sun) (That can be attached to a hat safety pin) to cover the neck
- ☐ Troop Uniform & Necker

#### Night Gear

- ☐ Sleeping Bag (0 degrees C, or lower rated)
- ☐ Waterproof Stuff Sack
- ☐ Sleeping pad
- ☐ Survival Thermal Blanket (Coghlan's)
- ☐ Pillow Case (no pillow, use your clothes from your pack)
- ☐ Pajamas, long underwear, or a sweat suit

#### Personal Hygiene

- ☐ Toothbrush and toothpaste
- ☐ Comb or Brush
- ☐ Soap (in soap container)
- ☐ Small Bottle Hand Sanitizer
- ☐ Facecloth (in zip-lock bag)
- ☐ Alcohol free individually wrapped wipes
- ☐ Towel
- ☐ Small Kleenex pack (or hankie)
- ☐ Toilet Paper (in zip-lock bag)
- ☐ Deodorant
- ☐ Small trowel or Flower Bed Shovel (Poop Shovel for Trail use)
- ☐ Travel pack of Handi-Wipes

#### First Aid

- ☐ Antiseptic cream (small tube)
- ☐ Several small gauze pads
- ☐ Adhesive tape (small roll)

- ☐ Moleskin (4x4 sheet for blisters)
- ☐ Five butterfly Band-Aids
- ☐ Personal Medication and allergy Medication (as identified on the Medical Form, with instructions)

#### Other Gear

- ☐ Mess Kit - Metal preferred for trail cooking (plate, cup, bowl, fork, spoon, knife)
- ☐ Sierra Cup (suitable for individual cooking)
- ☐ 2 Nalgene Water Bottles (minimum 1 litre size)  
Note: 500 ml not recommended.
- ☐ 3<sup>rd</sup> & 4<sup>th</sup> year should have three water bottles
- ☐ Net bag (for hanging dishes to dry)
- ☐ Pocket knife (lock-blade type) (max 10 cm blade)
- ☐ Matches (in a waterproof container)
- ☐ Compass (**Mandatory must be marked to 2-degree increments, such as Silva 123 Starter or Suunto A-10**) with neck cord
- ☐ Watch (activities are scheduled)
- ☐ Small flashlight (AA battery type)
- ☐ Extra batteries (2 sets)
- ☐ Pencil
- ☐ Small notepad
- ☐ Sunscreen (Mandatory, small tube or bottle SPF 50+)
- ☐ Lip balm (containing sunscreen)
- ☐ Afterbite
- ☐ Insect repellent (small bottle, non-aerosol)
- ☐ Two large garbage bags
- ☐ Ziplock Bags to put Trail Clothes in
- ☐ Sewing Kit (needles, thread, buttons, safety pins)
- ☐ 5 meters of strong cord (4-mm cotton or equiv for splint)
- ☐ **2<sup>nd</sup>, 3<sup>rd</sup>, & 4<sup>th</sup>-year participants: a small, lightweight tent for solo camping.**
- ☐ **2<sup>nd</sup> & 3<sup>rd</sup> & 4<sup>th</sup>-year participants, a small personal camp stove for trail cooking (2<sup>nd</sup> year optional)**

#### Optional

Badges for trading  
Camera  
Sunglasses  
Gaiters (for keeping feet and ankles dry)  
Campfire blanket

#### Notes:

- Youth Cell Phones are strongly discouraged in camp.
- No junk food, please.
- Please** make sure all items are **labeled** with your **name**.
- Youth are allowed to bring money, but are not allowed to keep it in camp. It must be left with your troop Leader.

***Good-quality sleeping bags, backpacks, and compasses are essential. Participants will suffer if these items are of low quality. All personal gear must be carried from the parking lot (at least 500 meters) to your sites. We don't recommend rubber boots on hikes.***